

Monday to Friday (Except Bank Holidays)

Saturday

Service	1	1	1	1A	1	1	1A	1A	1	1	1	1A	1A	1	1	1	1	1	1	1	1	1	1	1A					
Operator	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS					
Service Restrictions	NSch	Sch										Sch	NSch	Sch										FNS					
Lowestoft, Bus Station (Stand 4)	0620	0650	0650	0730	0800	0845	0915	then	15	45	until	1445	1515	1515	-	1545	every	1715	1745	1810	1840	1910	1940	-	2040	2140	2255	0725	▶▶
Pleasurewood Hills, Tesco (nr)	0628	0700	0700	0740	0810	0855	0925	at	25	55		1455	1525	1525	-	1555	30	1725	1755	1820	1850	1920	1950	-	2050	2150	2305	0735	
Corton, Waterside Park (opp)	0633	0705	0705	0745	0815	0900	0930	these	30	00		1500	1530	1530	-	1600	mins.	1730	1800	1825	1855	1925	1955	-	2055	2155	2310	0740	
Hopton-on-Sea, Access Road (SE-bound)	0640	0713	0713	0753	0823	0908	0938	mins	38	08		1508	1538	1538	-	1608		1738	1808	1833	1903	1933	2003	-	2103	2203	2318	0748	
Gorleston, James Paget Hospital (Stand A)	0645	0719	0719	0759	0829	0914	0944	past	44	14		1514	1544	1544	-	1614		1744	1814	1839	1909	1939	2009	-	2109	2209	2324	0754	
Gorleston, East Norfolk Sixth Form Centre (opp)								each					1554	1600										-					
Gorleston, Marine Parade (adj)	0650	0724	0724	0804	0834	0919	0949	hour	49	19		1519	1549	1619				1749	1819	1844	1914	1944	2014	-	2114	2214	2329	0759	
Gorleston, No 20 (adj)	0650	0724	0724	0804	0834	0919	0949		49	19		1519	1549	1619				1749	1819	1844	1914	1944	2014	-	2114	2214	2329	0759	
Gorleston, Town Centre (N-bound)	0653	0729	0729	0808	0838	0923	0953		53	23		1523	1557	1553	1603	1623		1753	1822	1848	1918	1948	2018	-	2118	2218	2333	0803	
Great Yarmouth, Market Gates (Stand E)	0705	0745	0745	0830	0900	0945	1015		15	45		1545	1615	1615	1623	1645		1815	1834	1905	1930	2000	2030	2100	2130	2230	2345	0825	
Great Yarmouth, Hospital (opp)	-	0750	0750	0835	0905	0950	1020		20	50		1550	1620	1620	1628	1650		1820	1839	1910	-	2005	-	2105	-	-	2350	0830	more
Great Yarmouth, Firstbus Garage (opp)	-	0750	0750	0835	0905	0950	1020		20	50		1550	1620	1620	1628	1650		1820	1840	1910	-	2006	-	2105	-	-	2351	0830	trips
Caister-on-Sea, shops (adj)	-	0756	0756	0841	0911	0956	1026		26	56		1556	1626	1626	1634	1656		1826	-	1915	-	-	-	2110	-	-	-	0836	below
Caister-on-Sea, holiday camp (opp)	-	0800	0800	0845	0915	1000	1030		30	00		1600	1630	1630	1638	1700		1830	-	-	-	-	-	-	-	-	-	0840	
Caister-on-Sea, Wight Drive (adj)	-																		-	1918	-	-	-	2113	-	-	-		
Scratby, Beach Drive (opp)	-			0852			1037		37				1637	1637					-	-	-	-	-	2118	-	-	-	0847	
Ormesby, Royal Oak (opp)	-	0806	0806		0921	1006				06		1606			1644	1706		1836	-	1923	-	-	-	2123	-	-	-		
Hemsby, Kingsway Shops (adj)	-	0814	0814	0859	0929	1014	1044		44	14		1614	1644	1644	1652	1714		1844	-	1930	-	-	-	2130	-	-	-	0854	
Martham, Flegg High School (adj)	-		0825																-	-	-	-	-	-	-	-	-		
Winterton-on-Sea, Winmer Avenue (adj)	-	0821	-		0936	1021				21		1621			1659	1721		1851	-	1935	-	-	-	2135	-	-	-		
Martham, Cess Road (adj)	-	0834	-	0911	0949	1034	1056		56	34		1634	1656	1656	1712	1734		1904	-	1944	-	-	-	2144	-	-	-	0906	▶▶

NOTES
NSch Not School Days

Sch School Days Only

OPERATORS
FNS First in Norfolk & Suffolk 0345 646 0707

Suffolk 24/11/2019

	Saturday																Sunday															
	Service	1A	1A	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1A	1	1A	1	1A	1	1A	1	1A	1				
	Operator	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS				
Lowestoft, Bus Station (Stand 4)	0815	then	15	45	until	1545	1615	1645	1715	1745	1810	1840	1910	1940	-	2040	2140	2255	0810	-	0910	1010	1110	1210	1310	1410	1510	1610	1710	1810		
Pleasurewood Hills, Tesco (nr)	0825	at	25	55		1555	1625	1655	1725	1755	1820	1850	1920	1950	-	2050	2150	2305	0820	-	0920	1020	1120	1220	1320	1420	1520	1620	1720	1820		
Corton, Waterside Park (opp)	0830	these	30	00		1600	1630	1700	1730	1800	1825	1855	1925	1955	-	2055	2155	2310	0825	-	0925	1025	1125	1225	1325	1425	1525	1625	1725	1825		
Hopton-on-Sea, Access Road (SE-bound)	0838	mins	38	08		1608	1638	1708	1738	1808	1833	1903	1933	2003	-	2103	2203	2318	0833	-	0933	1033	1133	1233	1333	1433	1533	1633	1733	1833		
Gorleston, James Paget Hospital (Stand A)	0844	past	44	14		1614	1644	1714	1744	1814	1839	1909	1939	2009	-	2109	2209	2324	0839	-	0939	1039	1139	1239	1339	1439	1539	1639	1739	1839		
Gorleston, Marine Parade (adj)	0849	each	49	19		1619	1649	1719	1749	1819	1844	1914	1944	2014	-	2114	2214	2329	0844	-	0944	1044	1144	1244	1344	1444	1544	1644	1744	1844		
Gorleston, No 20 (adj)	0849	hour	49	19		1619	1649	1719	1749	1819	1844	1914	1944	2014	-	2114	2214	2329	0844	-	0948	1044	1144	1244	1344	1444	1544	1644	1744	1844		
Gorleston, Town Centre (N-bound)	0853		53	23		1623	1653	1723	1753	1822	1848	1918	1948	2018	-	2118	2218	2333	0848	-	0948	1048	1148	1248	1348	1448	1548	1648	1748	1848		
Great Yarmouth, Market Gates (Stand E)	0915		15	45		1645	1715	1745	1815	1834	1905	1930	2000	2030	2100	2130	2230	2345	0900	0905	1005	1105	1205	1305	1405	1505	1605	1705	1805	1905		
Great Yarmouth, Hospital (opp)	0920		20	50		1650	1720	1750	1820	1839	1910	-	2005	-	2105	-	-	2350	-	0910	1010	1110	1210	1310	1410	1510	1610	1710	1810	1910		
Great Yarmouth, Firstbus Garage (opp)	0920		20	50		1650	1720	1750	1820	1840	1910	-	2006	-	2105	-	-	2351	-	0910	1010	1110	1210	1310	1410	1510	1610	1710	1810	1910		
Caister-on-Sea, shops (adj)	0926		26	56		1656	1726	1756	1826	-	1915	-	-	-	2110	-	-	-	-	0916	1016	1116	1216	1316	1416	1516	1616	1716	1816	1915		
Caister-on-Sea, holiday camp (opp)	0930		30	00		1700	1730	1800	1830	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-		
Caister-on-Sea, Wight Drive (adj)											1918	-	-	-	2113	-	-	-	-	0920	1020	1120	1220	1320	1420	1520	1620	1720	1820	1918		
Scratby, Beach Drive (opp)	0937		37							-	-	-	-	-	2118	-	-	-	-	-	1027	1127	1227	1327	1427	1527	1627	1727	1827			
Ormesby, Royal Oak (opp)				06		1706	1736	1806	1836	-	1923	-	-	-	2123	-	-	-	-	0926	1026	1126	1226	1326	1426	1526	1626	1726	1826	1923		
Hemsby, Kingsway Shops (adj)	0944		44	14		1714	1744	1814	1844	-	1930	-	-	-	2130	-	-	-	-	0934	1034	1134	1234	1334	1434	1534	1634	1734	1834	1930		
Winterton-on-Sea, Winmer Avenue (adj)				21		1721	1751	1821	1851	-	1935	-	-	-	2135	-	-	-	-	0941	1041	1141	1241	1341	1441	1541	1641	1741	1841	1935		
Martham, Cess Road (adj)	0956		56	34		1734	1804	1834	1904	-	1944	-	-	-	2144	-	-	-	-	0954	1046	1154	1246	1354	1446	1554	1646	1754	1846	1944		

	Sunday					
	Service	1	1	1	1	1
Operator	FNS	FNS	FNS	FNS	FNS	FNS
Lowestoft, Bus Station (Stand 4)	1840	1940	-	2040	2140	2255
Pleasurewood Hills, Tesco (nr)	1850	1950	-	2050	2150	2305
Corton, Waterside Park (opp)	1855	1955	-	2055	2155	2310
Hopton-on-Sea, Access Road (SE-bound)	1903	2003	-	2103	2203	2318
Gorleston, James Paget Hospital (Stand A)	1909	2009	-	2109	2209	2324
Gorleston, Marine Parade (adj)	1914	2014	-	2114	2214	2329
Gorleston, No 20 (adj)	1914	2014	-	2114	2214	2329
Gorleston, Town Centre (N-bound)	1918	2018	-	2118	2218	2333
Great Yarmouth, Market Gates (Stand E)	1930	2030	2100	2130	2230	2345
Great Yarmouth, Hospital (opp)	-	-	2105	-	-	2350
Great Yarmouth, Firstbus Garage (opp)	-	-	2105	-	-	2351
Caister-on-Sea, shops (adj)	-	-	2110	-	-	-
Caister-on-Sea, Wight Drive (adj)	-	-	2113	-	-	-
Scratby, Beach Drive (opp)	-	-	2118	-	-	-
Ormesby, Royal Oak (opp)	-	-	2123	-	-	-
Hemsby, Kingsway Shops (adj)	-	-	2130	-	-	-
Winterton-on-Sea, Winmer Avenue (adj)	-	-	2135	-	-	-
Martham, Cess Road (adj)	-	-	2144	-	-	-

OPERATORS
 FNS First in Norfolk & Suffolk 0345 646 0707
 Suffolk 24/11/2019

Monday to Friday (Except Bank Holidays)

Service	1	1	1	1	1	1A	1	1	1A	1	1	1	1A	1A	1	1	1	1A	1	1A	1	1	1A	1	1	1				
Operator	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS				
Service Restrictions																														
Martham, Cess Road (adj)	-	-	-	0645	0713	-	0736	0816	0854	-	0916	then	16	54	until	1454	-	-	1516	1554	1616	1654	1716	1809	-	1839	1910	-	1946	-
Winterton-on-Sea, Winmer Avenue (adj)	-	-	-	0656	0726	-	0749	0829		-	0929	at	29				-	-	1529		1629		1729		-	1848		-	-	
Martham, Flegg High School (adj)	-	-	-									these							1508											
Hemsby, Kingsway Shops (adj)	-	-	-	0703	0733	0750	0756	0836	0906	-	0936	mins	36	06		1506	1521	-	1536	1606	1636	1706	1736	1821	-	1854	1918	-	1954	-
Ormesby, Royal Oak (adj)	-	-	-	0711	0741		0804	0844		-	0944	past	44			1529	-	1544		1644		1744		-	1901		-	2001	-	
Scratby, Beach Drive (adj)	-	-	-			0756			0912	-		each		12		1512		-		1612		1712		1827	-		1924	-	-	
Caister-on-Sea, Wight Drive (opp)	-	-	-	0717		0804			0930			hour					-	-						-	1906		-	2006	-	
Caister-on-Sea, holiday camp (adj)	-	-	-		0747		0810	0850	0920		0950		50	20		1520	1535	-	1550	1620	1650	1720	1750	1835	-		1931	-	-	
Caister-on-Sea, Tan Lane (adj)	-	-	-	0721	0751	0808	0814	0854	0924	0934	0954		54	24		1524	1539	-	1554	1624	1654	1724	1754	1839	-	1910	1935	-	2010	-
Great Yarmouth, Firstbus Garage (adj)	0557	0632	-	0727	0757	0813	0819	0859	0929	0939	0959		59	29		1529	1544	-	1559	1629	1659	1729	1759	1844	-	1915	1940	-	2015	-
Great Yarmouth, Hospital (adj)	0558	0633	-	0728	0758	0814	0820	0900	0930	0940	1000		00	30		1530	1545	-	1600	1630	1700	1730	1800	1845	-	1916	1941	-	2016	-
Great Yarmouth, Market Gates (Stand A)	0602	0637	0707	0737	0807	0821	0830	0915	0945	0945	1015		15	45		1545	1550	1615	1615	1645	1715	1745	1815	1850	1915	1920	1945	2005	2020	2105
Gorleston, Town Centre (S-bound)	0612	0647	0717	0747	0819	0833	0842	0927	0957	-	1027		27	57		1557	-	1627	1627	1657	1727	1757	1825	-	1925	-	-	2015	-	2115
Gorleston, East Norfolk Sixth Form Centre (adj)						0835	0844										-	-						-	-	-	-	-	-	-
Gorleston, Avondale Road (opp)	0615	0651	0721	0751	0823			0931	1001	-	1031		31	01		1601	-	1631	1631	1701	1731	1801	1829	-	1929	-	-	2019	-	2119
Gorleston, James Paget Hospital (Stand A)	0619	0655	0725	0755	0827	0843	0852	0935	1005	-	1035		35	05		1605	-	1635	1635	1705	1735	1805	1833	-	1933	-	-	2023	-	2123
Hopton-on-Sea, Access Road (NE-bound)	0624	0700	0730	0800	0832	-	0857	0940	1010	-	1040		40	10		1610	-	1640	1640	1710	1740	1810	1838	-	1938	-	-	2028	-	2128
Corton, Waterside Park (adj)	0631	0708	0738	0808	0840	-	0905	0948	1018	-	1048		48	18		1618	-	1648	1648	1718	1748	1818	1846	-	1946	-	-	2036	-	2136
Pleasurewood Hills, Tesco (nr)	0636	0713	0743	0813	0845	-	0910	0953	1023	-	1053		53	23		1623	-	1653	1653	1723	1753	1823	1851	-	1951	-	-	2041	-	2141
Lowestoft, Bus Station (Stand 4)	0645	0723	0753	0823	0855	-	0920	1003	1033	-	1103		03	33		1633	-	1703	1703	1733	1803	1833	1900	-	2000	-	-	2050	-	2150

Monday to Friday (Except Bank Holidays)

Saturday

Service	1	1	1	1	1	1	1	1	1	1	1A	1A	1	1A	1	1	1A	1	1	1	1	1	1	1	1	1		
Operator	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS		
Martham, Cess Road (adj)	-	2146	-					0751	0816	then	16	54	until	1654	1716	1809	-	1839	1910	-	1946	-	-	2146	-			
Winterton-on-Sea, Winmer Avenue (adj)	-		-					0804	0829	at	29				1729		-	1848		-		-	-	-	-			
Hemsby, Kingsway Shops (adj)	-	2154	-					0811	0836	these	36	06		1706	1736	1821	-	1854	1918	-	1954	-	-	2154	-			
Ormesby, Royal Oak (adj)	-	2201	-					0819	0844	mins	44				1744		-	1901		-	2001	-	-	2201	-			
Scratby, Beach Drive (adj)	-		-							past		12		1712		1827	-		1924	-		-	-	-	-			
Caister-on-Sea, Wight Drive (opp)	-	2206	-							each							-	1906		-	2006	-	-	2206	-			
Caister-on-Sea, holiday camp (adj)	-		-					0825	0850	hour	50	20		1720	1750	1835	-		1931	-		-	-	-	-			
Caister-on-Sea, Tan Lane (adj)	-	2210	-					0829	0854		54	24		1724	1754	1839	-	1910	1935	-	2010	-	-	2210	-			
Great Yarmouth, Firstbus Garage (adj)	-	2215	-					0629	0714	0744	-	0834	0859	59	29		1729	1759	1844	-	1915	1940	-	2015	-	-	2215	-
Great Yarmouth, Hospital (adj)	-	2216	-					0630	0715	0745	-	0835	0900	00	30		1730	1800	1845	-	1916	1941	-	2016	-	-	2216	-
Great Yarmouth, Market Gates (Stand A)	2200	2220	2300					0635	0720	0750	0815	0845	0915	15	45		1745	1815	1850	1915	1920	1945	2005	2020	2105	2200	2220	2300
Gorleston, Town Centre (S-bound)	2210	-	2310					0645	0730	0800	0827	0857	0927	27	57		1757	1825	-	1925	-	-	2015	-	2115	2210	-	2310
Gorleston, Avondale Road (opp)	2214	-	2314					0648	0733	0803	0831	0901	0931	31	01		1801	1829	-	1929	-	-	2019	-	2119	2214	-	2314
Gorleston, James Paget Hospital (Stand A)	2218	-	2318					0652	0737	0807	0835	0905	0935	35	05		1805	1833	-	1933	-	-	2023	-	2123	2218	-	2318
Hopton-on-Sea, Access Road (NE-bound)	2223	-	2323					0657	0742	0812	0840	0910	0940	40	10		1810	1838	-	1938	-	-	2028	-	2128	2223	-	2323
Corton, Waterside Park (adj)	2231	-	2331					0704	0749	0819	0848	0918	0948	48	18		1818	1846	-	1946	-	-	2036	-	2136	2231	-	2331
Pleasurewood Hills, Tesco (nr)	2236	-	2336					0709	0754	0824	0853	0923	0953	53	23		1823	1851	-	1951	-	-	2041	-	2141	2236	-	2336
Lowestoft, Bus Station (Stand 4)	2245	-	2345					0718	0803	0833	0903	0933	1003	03	33		1833	1900	-	2000	-	-	2050	-	2150	2245	-	2345

NOTES

NSch Not School Days

Sch School Days Only

OPERATORS

FNS First in Norfolk & Suffolk 0345 646 0707

Suffolk 24/11/2019

Sunday

Service	1	1	1	1A	1	1A	1	1A	1	1A	1	1A	1	1	1	1A	1	1	1	1
Operator	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS	FNS
Martham, Cess Road (adj)	-	0756	0856	1004	1056	1204	1256	1404	1456	1604	1656	1804	-	1846	-	1946	-	-	2146	-
Winterton-on-Sea, Winmer Avenue (adj)	-	0809	0909		1109		1309		1509		1709		-	1855	-		-	-		-
Hemsby, Kingsway Shops (adj)	-	0816	0916	1016	1116	1216	1316	1416	1516	1616	1716	1816	-	1901	-	1954	-	-	2154	-
Ormesby, Royal Oak (adj)	-	0824	0924		1124		1324		1524		1724		-	1908	-		-	-	2201	-
Scratby, Beach Drive (adj)	-			1022		1222		1422		1622		1822	-		-	2000	-	-		-
Caister-on-Sea, Wight Drive (opp)	-	0830	0930	1030	1130	1230	1330	1430	1530	1630	1730	1830	-	1913	-	2006	-	-	2206	-
Caister-on-Sea, Tan Lane (adj)	-	0834	0934	1034	1134	1234	1334	1434	1534	1634	1734	1834	-	1917	-	2010	-	-	2210	-
Great Yarmouth, Firstbus Garage (adj)	-	0839	0939	1039	1139	1239	1339	1439	1539	1639	1739	1839	-	1921	-	2014	-	-	2214	-
Great Yarmouth, Hospital (adj)	-	0840	0940	1040	1140	1240	1340	1440	1540	1640	1740	1840	-	1922	-	2015	-	-	2215	-
Great Yarmouth, Market Gates (Stand A)	0720	0855	0955	1055	1155	1255	1355	1455	1555	1655	1755	1845	1900	1927	2000	2020	2100	2200	2220	2300
Gorleston, Town Centre (S-bound)	0730	0905	1005	1105	1205	1305	1405	1505	1605	1705	1805	-	1910	-	2010	-	2110	2210	-	2310
Gorleston, Avondale Road (opp)	0734	0909	1009	1109	1209	1309	1409	1509	1609	1709	1809	-	1914	-	2014	-	2114	2214	-	2314
Gorleston, James Paget Hospital (Stand A)	0738	0913	1013	1113	1213	1313	1413	1513	1613	1713	1813	-	1918	-	2018	-	2118	2218	-	2318
Hopton-on-Sea, Access Road (NE-bound)	0743	0918	1018	1118	1218	1318	1418	1518	1618	1718	1818	-	1923	-	2023	-	2123	2223	-	2323
Corton, Waterside Park (adj)	0751	0926	1026	1126	1226	1326	1426	1526	1626	1726	1826	-	1931	-	2031	-	2131	2231	-	2331
Pleasurewood Hills, Tesco (nr)	0756	0931	1031	1131	1231	1331	1431	1531	1631	1731	1831	-	1936	-	2036	-	2136	2236	-	2336
Lowestoft, Bus Station (Stand 4)	0805	0941	1041	1141	1241	1341	1441	1541	1641	1741	1841	-	1945	-	2045	-	2145	2245	-	2345

OPERATORS

FNS First in Norfolk & Suffolk 0345 646 0707

Suffolk 24/11/2019