Brampton station serves a very isolated local community in the heart of rural Suffolk. It also provides walkers with a convenient gateway to a landscape of extensive views across quiet, unspoiled ‘working’ countryside, contrasting with more intimate rural scenes such as the diminutive parish church at Redisham, so evocatively described in Adrian Bell’s ‘Apple Acre’ when decked for harvest festival. Parts of the route are used for grazing livestock, so dogs must be closely controlled.

1. From the station go left along the road for about 50 yards. Just before the road crosses a small stream the path starts left through a small wooded area. Immediately over the footbridge go right and left following the field edge path.

2. A gravel drive leads towards the south door of the church. The path continues from the north-east corner of the churchyard over a small footbridge.

3. Go left along road for about half a mile. Beware traffic.

4. Path starts off right at the side of the ditch, diverging slightly left across the field to the side of Sparrow’s Thicks and railway stiles.

5. Go right for a short distance along the broad track from South End Farm. Go ahead through a kissing gate into the meadow and cross diagonally, passing between large oaks to reach another kissing gate in the far corner.

6. Cross the footbridge set back in the hedge, then keep general direction, now on the other side of the hedge.

7. Official path goes diagonally across a small field to a gap.

8. Bridleway ahead soon swings to the right following hedge, then veers left at side of a deep ditch to a T-junction at bottom of gentle slope. Go right along the track at the side of Titis Wood.

9. Go left across high-sided bridleway bridge to follow diverted route with hedge on left, soon passing the end of a plantation and then up rising ground at side of hedge, then a deep ditch. Bear right at field corner. Where hedge ends keep direction across field following tractor wheel marks towards Old Hall.

Planning your walk

- Time: Allow about 3½ hours
- Suggested map: Explorer map 231 Southwold and Bungay
- Refreshment: Shadingfield Fox public house.
- Useful info: Car parking space is very limited at Brampton station so use the train or bus