

[Home](#)[School](#)

# A parent's guide

## Getting your child to school

### Walk or Bike



Walking is a great way to get to school – it's healthy, free, reduces traffic congestion at busy times and doesn't create pollution. Children may need to be accompanied by an adult, but you could talk to other parents and staff at your children's school to see if this is something adults could share or set up a "walking bus".

Cycling is another great way to get to school, but please make sure your child is seen by wearing a reflective jacket and it is recommended that they wear a helmet. Suffolk Roadsafe run Bikeability courses through schools so ask your child's school about cycle training or visit [www.suffolkroadsafe.com](http://www.suffolkroadsafe.com) for more information.

### Park & Stride



If you need to drive, why not organise to drive part of the way only and walk the remainder to reduce congestion at your child's school gates, keeping all the children safer and improve your health and wellbeing.

### Car Share



Why not speak to other parents and organise an informal car share so that there are fewer cars at the school gates, keeping the children safer and reducing pollution. Discuss this with your child's school.

### Public Transport



Could your child catch a bus or train, perhaps? There is a journey planner available on [www.suffolkonboard.com](http://www.suffolkonboard.com) which may help you plan your route on public transport. It may be cheaper to buy a travel pass with the operator, so always compare the fares to find the best deal. If your child is aged between 16 and 19, they can apply for an Endeavour Card which is free, accepted by the majority of bus operators and gives a minimum 25% discount on fares. The Card can also be used in the evening and at weekends. Apply for your free Endeavour Card at [www.endeavourcard.co.uk](http://www.endeavourcard.co.uk)

### Connecting Communities



Community transport can be booked up to a week in advance and could be the solution you are looking for. It is possible to request Connecting Communities journeys online or by phone. To book a journey, head over to [www.suffolkonboard.com/cc](http://www.suffolkonboard.com/cc)

### Motorcycle



If your child is older, perhaps they could hire a moped to get to school or college? Scoots and Kickstart are charities who run a moped hire scheme to assist people over 16 years to get to education or training. Visit [www.scoots-hire.com](http://www.scoots-hire.com) or [www.kickstartmopeds.org.uk](http://www.kickstartmopeds.org.uk) for further information on the schemes that they run.